# From Świnoujście through Zielona Góra to Jelenia Góra







**LUBÚSKIE** Zielona .

Zielona Góra is a city inhabited by almost 140 thousand citizens and located in the Lubuskie Province. the only one in Poland, and the Palm House.



Jelenia Góra – a city with the population of more than 80 thousand citizens, located in the Jelenia Góra Valley and surrounded by the ranges of Jizera Mountains, Rudawy Janowickie, Kaczawskie Mountains and Karkonosze Mountains with Śnieżka as their highest peak. The city is located next to the Polish and Czech Republic border and 70 km from the Polish and German border. There are routes to Vienna, Berlin and Prague running through Jelenia Góra. The charm of this beautiful city with a deer in its coat of arms is highly acclaimed by those who have seen the city panorama crowned with Karkonosze Mountains. The city, full of historical treasures, mysteries, and colourful nooks and crannies, was shaped by its rich and turbulent history. We invite you to the welcoming city of Jelenia Góra and the Karkonosze Mountains where you can spend your summer holidays actively or relax in peace and guiet...

Świnoujście is a multicultural border city located in the north-westernmost part of Poland. The city is quite unique as it is located on 44 islands enclosed by the Baltic Sea from the north and by the Bay of Szczecin from the south. Świnoujście is a multifaceted city known of its widest beach on the Polish coast, a centre of water sports and active tourism, as well as a seaside health resort of unique natural, climate and medicinal features. The city's special atmosphere, which can be sensed in its every corner, is created by the cross-border lifestyle. In Świnoujście, the national and cultural borders fade away and allow you to fully benefit from the cultural richness of Europe.

It is a cultural and academic centre of the region located just a few dozen kilometres from the Polish and German border. The city has its university, philharmonic hall, theatre, planetarium, Natural History Centre and Palm House. The Recreation and Sports Centre with a water balloon and the largest slide in the country awaits all entertainment enthusiasts. Zielona Góra is called the cradle of the Polish cabaret. The city is also renowned for its deep-rooted wine tradition. Every year, the Wine Harvest Festival (in Polish: Winobranie) is organised as a reminder of this honourable tradition, while several dozen local vineyards still produce wine characterised by its absolutely unique taste. We recommend visiting the Wine Museum.





# Jelenia Góra

in Karkonosze Mountains

...cultural and leisure activities



Karkonosze **Tourist Information** Plac Ratuszowy 6/7 phone: +48 519 509 343



# ...cultural activities in Jelenia Góra



Jelenia Góra is a cultural and artistic centre of the region, known for its music and film festivals, unconventional theatre activities and cultivating tradition. The manifestations of creative and artistic activity in the city are supplemented by the varied schedule of events such as "Spring in Cieplice" (in Polish: "Wiosna Cieplicka"), International Film Festival "Zoom – Zbliżenia", International Festival of Street Theatre, and the celebrations of the city's traditional festive day called "September in Jelenia Góra" accompanied by many spectacular events. Concerts, plays, fairs, tournaments, exhibitions and other events held in September offer loads of fun and entertainment. For many years, the traditional Fair of Antiquities and Curiosities has attracted a throng of collectors, including those from Czech Republic and Germany. The Krokus Jazz Festival, featuring Polish and international jazz musicians, adds splendour to the time spent in Jelenia Góra in autumn. At the very end of the year, city residents and tourists gather around to celebrate the New Year's Eve at the Town Hall Square.

# We invite you to visit Jelenia Góra, the city where everyone can find something they like...



## Selected events in 2018



#### **February**

21st International Film Festival "Zoom – Zbliżenia" – "Cinematographic paradise

 the tradition, the present and future of the region" – www.zoomfestival.pl

#### **April**

 International Festival of Theatre and Avant-Garde Culture PESTKA 2018 "Idiom: free from. free till...?" – www.festivalpestka.pl

#### Mav

- 27th Festival of Vienna Music www.filharmonia.jgora.pl
- "Spring in Cieplice" (in Polish: "Wiosna Cieplicka") www.jeleniagora.pl
- 3<sup>rd</sup> International Festival of the Art of Choreography "Silesian Dance Festival" www.jeleniagora.pl

#### June

Art & Glass Festival 2018 - www.jck.pl

#### July

• 36th International Festival of Street Theatre – www.teatrnorwida.pl

#### **August**

- Festival dell'Arte in the Valley of Palaces and Gardens wwww.festivaldellarte.eu
- 2<sup>nd</sup> edition of the Karkonosze Opera Festival Georges Bizet "CARMEN" opera at the Stadium of Złotnicza Sports Park – www.jeleniagora.pl

#### September

- 60th September in Jelenia Góra Inauguration Concert www.jeleniagora.pl
- 21st Silesia Sonans www.silesiasonans.pl
- Jelenia Góra Trophy. Maja Włoszczowska MTB Race www.mtbjelenia.pl
- 45th Fair of Antiquities and Curiosities in Jelenia Góra www.jarmarkstaroci.com

#### **October**

• 17th KROKUS JAZZ FESTIVAL - www.krokusjazzfestiwal.pl

#### December

• NEW YEAR'S EVE PARTY AT THE CITY HALL - www.jeleniagora.pl

### ...leisure activities in Jelenia Góra



We invite enthusiasts of active leisure to enter mountain trails, exciting walking trails, nordic walking trails, as well as many marked tourist and bike routes, and discover perfect locations for both recreational and professional cyclists.

**We invite enthusiasts of extreme sports** to take the opportunity to practice mountain climbing, gliding and aviation sports; all nature lovers to hop on board of a tourist plane and admire the breath-taking views of the Jelenia Góra Valley. The "Karkonosze wave" (in Polish: Karkonoska fala), known all over Europe, attracts both local and foreign sailplane pilots.

**The Transborder Centre for Active Tourism in Sobieszów** invites you to enter the trails at the foot of Chojnik Castle. Here you can experience nature of the Karkonosze National Park in a close-up while Nordic walking, rollerblading or hiking. Yet another interesting attraction is the only one in Poland synthetic track for cross-country and freestyle skiing that offers snow-like smoothness.

**History enthusiasts** can discover multiple architectural monuments that have witnessed the rich history of the city. Those who decide to walk along the Jelenia Góra City Centre Route are invited to visit the Karkonosze Museum where an impressive collection of art glass is on exhibit. The Natural History Museum offers opportunity to admire the unique Virtual Reality Museum of Baroque Frescos in the Lower Silesia.

**The best way to maintain your health** is to visit the Cieplice Resort which offers thermal water treatments. In Cieplice Baths, you can enjoy many exciting water attractions.

For those who choose to contemplate the beauty of nature, Karkonosze Mountains offer breath-taking panoramas...

