



JELENIA GÓRA

Jelenia Góra – a city with district rights situated in the southwest Poland, in the voivodeship of the Lower Silesia. There are 84 thousand citizens which makes it the fourth city in the Lower Silesia (as far as the population is concerned). Jelenia Góra covers the area of 30 km, it borders with the Czech Republic at the back of Giant Mountains. The border with Germany is near as well, only 70 km away.

The situation of Jelenia Góra is characterized by high places areas over 1000 meters above the sea level – the lowest point within the administrative city borders is at the level of 347 m n.p.m., and the highest, Śląskie Kamienie (Silesian Stones) at the level of 1416 m n.p.m. Diversed shaping of this area makes Jelenia Góra an extremely attractive place for the fans of tourism and active relaxation: gliding, different forms of cycling, horse riding, mountain climbing, canoeing, trekking in the mountains or peaceful family walks. The city offers also swimming pools with water from thermal springs – Health Resort Cieplice bases a range of healing treatments using this water and soon Cieplickie Therms will be open which offer will be attractive for the young and older enthusiasts of swimming.

Apart from offering perfect conditions for active relaxation, Jelenia Góra is a cultural and artistic centre of the area known for its music festivals, shows, exhibitions or unconventional theatrical activities. The rich cultural offer of the city includes: Międzynarodowy Festiwal Teatrów Ulicznych (International Festival of Street Theatres), Wrzesień Jeleniogórski (Jeleniogórski September) – a traditional event held in the city with, among other things, Festival „Silesia Sonans” or the Antiques and Curiosities Fair which attract people from, Poland and abroad.

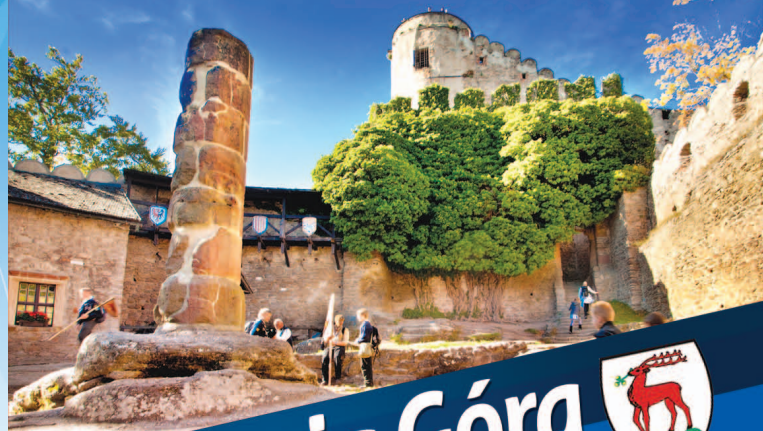
Jelenia Góra in Karkonosze Mountains invites you!



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e-mail: it@jeleniagora.pl



Jelenia Góra

...actively and culturally at the weekend



MAIN AND MINOR ROUTE OF JELENIA GÓRA

what to see around the city

The Minor and Main Jelenia Góra City Center Route, in other words, what's worth seeing in the town. Even if you are coming to Jelenia Góra only for a weekend, it is worth planning additional time for sightseeing the most interesting historical monuments situated within the borders of the city. We offer you two routes: The Minor Jelenia Góra City Center Route and The Main Jelenia Góra City Center Route. The very centre of the city, rich in historical monuments from different epochs, can be sightseen on foot, in the case of other parts of Jelenia Góra – Maciejowa, Czarne, Goduszyn, Sobieszów, Cieplice or Jagniątków it is advisable to use the means of transport - car, city means of communication or a bicycle.

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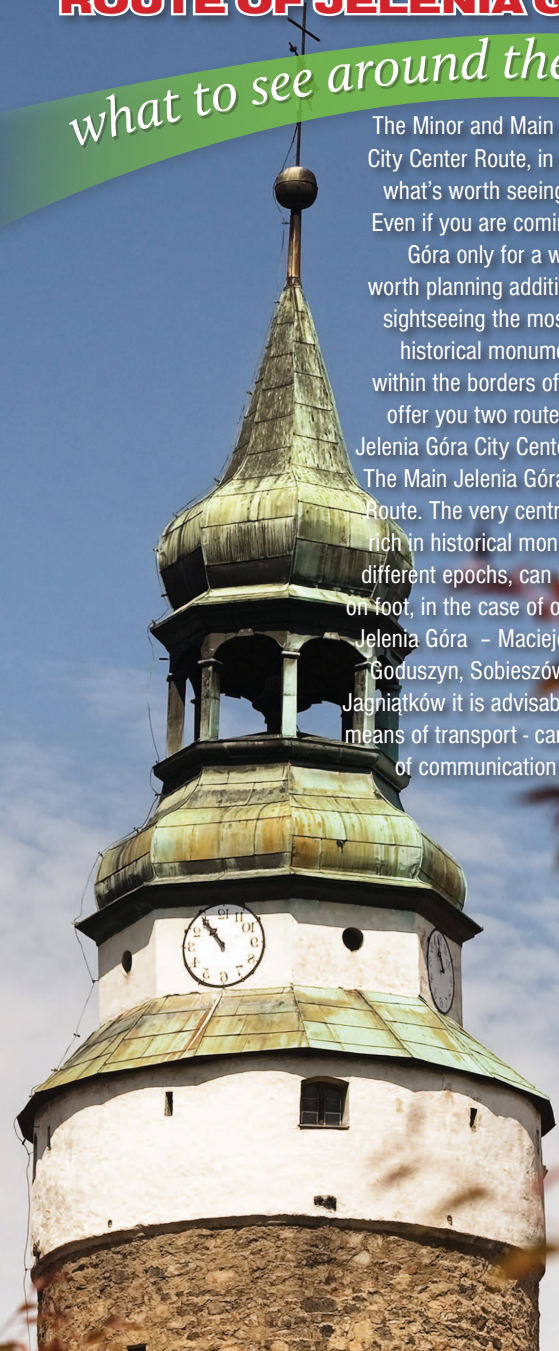
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The Minor Jelenia Góra City Center Route

We start the trip at Bolesław Krzywousty's Hill (Wrymouth's Hill), situated about one kilometre west from the city centre. Only 20 minute-long walk from bus stop which enables reaching the place where, according to the legend, Bolesław Wrymouth requested for a defensive castle to be built which later turned out to be the germ of future settlement. Up till the 15th century there was a castle but today there is not even a trace. At Present Wzgórze Krzywoustego is a popular destination of walks, mainly because a scenic tower is situated there. At the beginning of the 20th century it acquired a name „Grzybek” („Little Mushroom”) and from that spot one can admire the panorama of Jelenia Góra with Karonosze Mountains, The Foothill and Karczawskie Mountains as well as Rudawy Janowskie in the background.

Another stage is the City Tower (Baszta Grodzka) at the corner of Podwale and Grodzka Street - 16th century construction with a stud structure. It is a remnant after city fortifications, in 18th century turned into a dwelling house, as well as The Castle Gate Tower visible from the City Tower (Wieża Bramy Zamkowej) which is the only preserved element of the Castle Gate which used to guard the entrance to the city. Inside of this 16th century tower there used to be, among other things, city prison and today the crown of the tower is a terrace which is a splendid scenic point.



Fot. 1. View Tower „Little Mushroom”

Leading point of every visit in Jelenia Góra is the market which can be reached on foot after few minutes of walking from the Castle Gate Tower. Colourful townhouses surround the city hall built in the 18th century which is the only preserved course of arcades in Silesia, thanks to it, today one can relax pleasantly spending time with friends inside of taverns situated under the arcades. The city

hall draws the attention and it is the residence of the city council. Classically shaped building is connected via a covered porch on the level of first floor with so called „House of Seven Townsmen” - initially it used to be home to, among other things, stalls and a pharmacy. Today, together with the city hall, it hosts City Council. The porch was built in the 20th century to make the access between the buildings easier for the clerks, when the tram line started operating between these two. At present a table

Fot. 2. A still walker



Fot. 3. City Hall

hung above the entrance and a part of the tram tracks as well as a tram situated next to „House of Seven Townsmen” remind about tram line in Jelenia Góra. Nearby, just below the porch, in August 2013 an interesting installation presenting Jeleniogórski Stilt walker appeared (photo 2), which stresses the fact the roots of street theatre originated from Jelenia Góra itself. While visiting the building of the city hall it is worth looking at carved railing of the stairs designed by Ernst Rülke, presenting the scenes described in the legends about Liczyrzepa (Mountain Ghost) as well as relief with a brass casting of Bolesław III Krzywousty breast made to celebrate the 850th anniversary of the city's setting-up (1958). It is worth noticing that to obtain the material for the casting the residents of Jelenia Góra were asked to take part in „big scrap metal collection”. An interesting thing is also 12-meters-deep well covered by a glass slab situated at the ground floor of „The House of Seven Townsmen” (it can be seen during the opening hours of the office).

Less than three minutes away from the market there is (photo. 4) a Small Basilica dedicated to the Saints Erasmus and Pancras - 15th century Gothic, three-layered building put up from sandstone with a characteristic tower under which there is one of the entrances leading to the basilica. The most precious element of church's interior design is the 17th century altar made by Tomasz Weissfeld, initially made from wood, after the process of marbling it looks like real marble. The altar is surrounded by interesting stalls, built in the 18th century - the most prominent representatives of the city used to sit there.

Fot. 4. Small Basilica of Saint Erasmus and Pancras





Fot. 5. Wojanowska Gate

Leaving the Church Square we head toward Wojanowska Gate and the Chapel of Saint Anna (photo 5). After few minutes of walking we will reach 18th century chapel which used to serve as a defence tower, which reminders are still existing shooting holes (they have a shape of the key). It is worth paying attention to two crosses of reconciliation (also called the atonement ones) built in the wall – they are the remnants of a medieval legal custom. There is a Wojanowska Gate Tower built to adjoin the chapel which used to protect the entrance to the city from the East. A watchful tourist will notice the remnants of the medieval grounds of Wojanowska Tower near the Gate and Saint Anna's Chapel. The outline of this construction was marked with sett of different size than the rest of the trail.

Continuing walking along 1 Maja Street on the right there is a sculpture of a deer (photo 6) made by Lewan Mantidze from Jelenia Góra, then we reach the Orthodox Church Of The Apostles Peter and Paul which was rebuilt after the fire in 1634 according to the project by Kaspar Jentsch, at that time it was a Catholic Chapel dedicated to Virgin Mary.

In 1948 it was given to the Orthodox parish in Jelenia Góra. Today inside you can admire the frescos by Jerzy Nowosielski and Adam Stalona– Dobrzański, and on the north outside wall – two crosses of reconciliation with engraved crime tools.

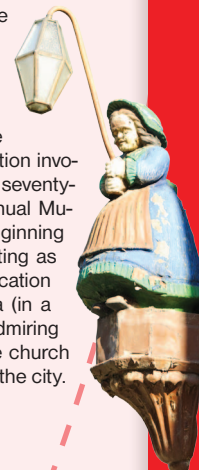


Fot. 6. Little Deer



Fot. 7. Holy Cross Elevation Church

After 10 minutes of walking you will reach the Holy Cross Elevation Church (photograph 7) - one of six Evangelic churches built at the beginning of the 18th century in Silesia on the basis of a pact made in Altranstädt between the king of Sweden Charles XII and the emperor Joseph I Habsburg – they are called "Churches of Mercy". After the II World War it was taken over by the Catholics. It was design on a plan of Greek cross. Inside the church there is room for up to 10 thousand people. The original solution involves an organ prospect situated above the main altar – seventy-six-voiced organs present their abilities during the annual Music Festival Silesia Sonans which takes place at the beginning of September. The figures around the altar are interesting as well as they present, among other things, the personification of Jelenia Góra (in a muralis crown) as well as Silesia (in a head piece worn by princes). A watchful tourist, while admiring impressive sepulchral chapels, will notice a point at the church square which was determined as the symbolic centre of the city.



5 Rando im. STANISŁAWA BAREJ

It is worth continuing the walk down 1 Maja Street and then down Jana Kochanowskiego Street, after 20 minutes you will reach the building of Complex of High Schools nr 1, which is situated on a small hill. The building was built at the beginning of the 20th century to be Real High School. Stanisław Bareja, the creator of movies like „Miś” or „Alternatywy 4” used to go to this school. One of the roundabouts was named after this celebrity.



Fot. 8. Maria Konopnicka Street

Leaving Jan Kochanowski Street and heading left toward Wojska Polskiego Alley, you can admire Secessionist architecture on the route. After twenty minutes of walking you will reach Cyprian Kamil Norwid's Theatre – a splendid Secessionist edifice (photo 9).

It was built at the beginning of the 20th century thanks to donations of many inhabitants of Jelenia Góra and according to the design by Alfred Daehmel. Today there are many interesting events connected with this theatre: Theatrical Meetings in Jelenia Góra or an international Festival of Street Theatres – 30 years ago it was here, in Jelenia Góra where the long-standing director of the theatre in Jelenia Góra started the initiative with street performers which became the characteristic symbol of the city. It is worth mentioning that there were many celebrities cooperating with this theatre: Adam Hanzuskiewicz, Franciszek Pieczka or Wiesław Gołas.

A walk around the centre should end at Bankowa Street, created in a place where previously a dry moat used to be. It was buried and this place was turned into a popular promenade where now one can admire the buildings from the 19th century.

Fot. 9. The Theatre of Cyprian Kamil Norwid

The Main Jelenia Góra City Center Route

We start the trip in the centre of Cieplice – the Evangelic – Augsburg church is the first stop on the route. This 18th century building which was mostly furnished by the citizens of Jelenia Góra, is one of the most precious baroque monuments of Silesia. It is worth watching its interesting interior dominated by the whiteness and listening to organs which managed to keep their primal romantic sound. In front of the church it is worth focusing on The Memory Lantern, which reminds about a necropolis that used to exist there. Leaving the church we should head right to reach the Palace of Schaffgotschs' – an old residence of the Schaffgotsch family which used to rule the area of Karkonosze Mountains and Jeleniogórska Valley. Three-level facade of the building is 80 meters long and the building itself has as many windows as there are days in a year. Passing the palace we'll approach Cisterian monastic complex and the Church of Saint John the Baptist whose separately standing bell tower is visible even from distance (photo 10). The altar is decorated by a piece by Michael Willmann, called Silesian Raphael. The piece presents Virgin Mary as the queen of heaven surrounded by Cisterian saints. The interior of the church as well as decorations represent baroque and rococo style. At the courtyard there are gravestones of the members of the Schaffgotsch family. The Natural Museum is situated in post-Cisterian complex.



Fot. 10. Bell tower by the Church of Saint John the Baptist



Fot. 11. Murals in the post-Cisterian Complex in Cieplice



Fot. 12. The interior of the City Museum in Gerhart Hauptmann's House

Historical Zdrojowy Park is situated 2 minutes away (photo 13). The main alley was created at the end of the 18th century and the whole settlement – from the first half of the 19th century. At the entrance to the park on the right one can notice a health pavilion „Lalka” (“Doll”), and inside of the park there is the SPA pavilion „Edward” (on the right), wooden concert hall as well as the 19th century building of Health Resort Animation Theatre which organizes the cultural life of the health resort area of Jelenia Góra. After passing the park one will reach the second one – the Norwegian Park. Its name derives from a wooden construction – Norwegian Pavilion, built in 1909 as a copy of a

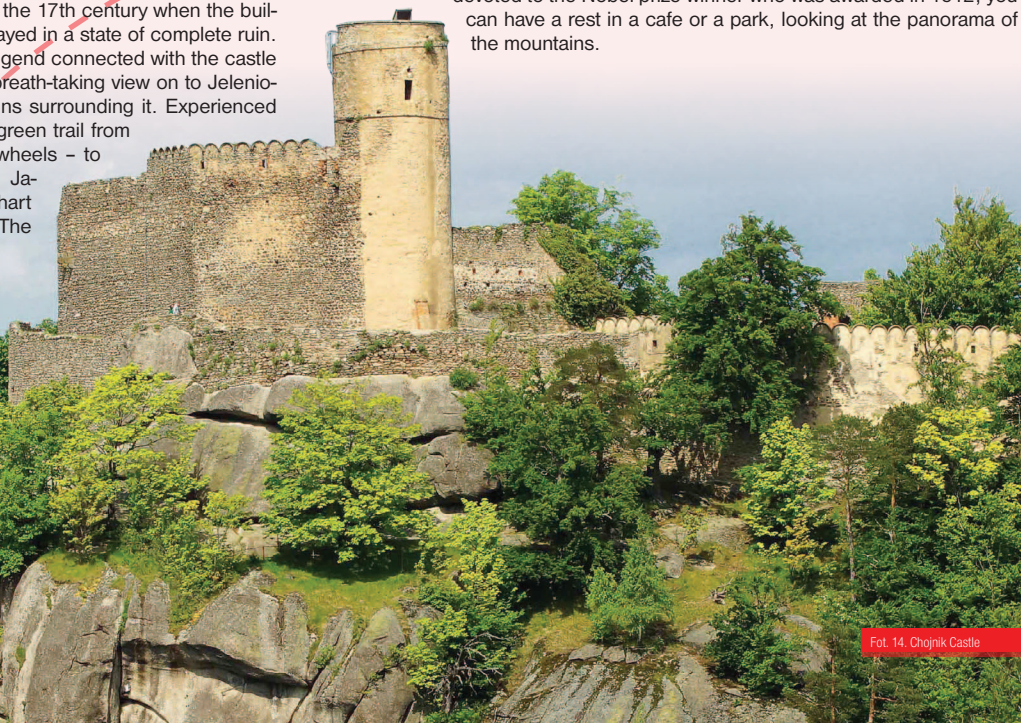


Fot. 13. Zdrojowy Park

restaurant situated in Oslo.

After a moment of rest we suggest you to continue the trip in the direction of Chojnik Castle (photo 14) situated in Sobieszów, 6 km from the Norwegian Park. It is advisable to use a bicycle, car or bus going to Sobieszów – you can get off at the last bus stop or leave the car at a parking under the Chojnik Mountain. You will reach the castle by using the black, red or green route. The castle was rebuilt in stone in the middle of the 14th century and since the 17th century when the building was struck by a lightning it has stayed in a state of complete ruin. At the courtyard you can listen to a legend connected with the castle and from the castle tower – admire breath-taking view on to Jeleniogórska Valley as well as the mountains surrounding it. Experienced walkers are advised to go along the green trail from Jagniątków and the tourists on four wheels – to go back to the parking and drive to Jagniątków – to the City Museum “Gerhart Hauptmann's House” (photo 12). The

Secession villa built at the beginning of the 20th century draws the attention with its placing, the park designed by Hauptmann himself and interesting polychromies by M. Avenarius decorating the hall of the building. After admiring the exhibition devoted to the Nobel prize winner who was awarded in 1912, you can have a rest in a cafe or a park, looking at the panorama of the mountains.



Fot. 14. Chojnik Castle

View towers are buildings characteristic for the Central Europe. There are at least few dozens in Jelenia Góra itself, in the area and situated nearby Czech villages- for that reason we suggest you a route filled with view towers.

As far as Jelenia Góra is concerned it is worth visiting a tower on Krzywousty's Hill built in 1911, 15th century Wieża Bramy Zamkowej (Castle Tower) and The Tower of Castle Gate (situated 6000 meters above the sea level).

The fans of beautiful panoramas will enjoy view points - there are many within the city borders. Beautiful panoramas of the city and mountains can be observed from the area near the Milenium Cross at Zabórze, Szybowcowa Mountain, Wilhelm's Rocks near Czarne housing development, panorama rocks at Widok housing development in Cieplice or hills in Goduszyn.



The objects situated on the route can be seen on the webpage: www.wiezepogranicza.com



Castle Gate Tower

Available for visiting
Mon. - Fri.: 10.00 - 18.00,
On Saturday and Sunday: 10.00-16.00

The Tower on Krzywousty's Hill

Available for visiting:
from 1.04 to 30.11 daily
opening hours 8.00 - 20.00

Chojnik Castle

Jelenia Góra-Sobieszów
phone +48 75 56 394
opening hours 10:00-18:00
mobile phone 502 252 157
Castle is open:
10.00-16.00 (February - March)
10.00-17.00 (April - June)
10.00-18.00 (July - August)
10.00-17.00 (September - October)
10.00-16.00 (October - November)





Fot. 17. The complex of Wojanów Palace

The Valley of Palaces and Gardens constitute touristic trail with regional significance in Lower Silesia. It presents the monuments of castle-related architecture and palaces in Jeleniogórska Basin. On the area of almost 100 km² there are nearly 30 mansions, starting with the medieval fortresses, inhabited towers Renaissance and baroque and 19th century palaces built by the most prominent architects of that era. The architecture of the Romantic era was surrounded by vast scenic parks and enriched by impressive garden architecture. The unique combination of the scenery of Karkonosze Mountains and Rudawy Janowickie with artistic visions of the creators from past epochs, is responsible for the original cultural landscape of the whole area. Jeleniogórska Basin is not only a fantastic adventure and scenery or complexes of mansions which used to belong to nobility but precious old city settlements in Jelenia Góra and Kowaray, various historic monuments of sanatorium architecture in Cieplice as well as regional construction and sacral architecture.

Jelenia Góra is situated on the trail leading along the Valley of Palaces and Gardens. Within the city borders the trail includes: Renaissance Czarne Mansion, Chojnik Castle, 19th century Paulinum Palace with surrounding park and already mentioned baroque Schaffgotschs' Palace in Cieplice. Two last objects are on the list of the Polish President's History Statues under the name „Palaces and scenic parks of Jeleniogórska Basin”.

www.dolinapalacow.pl

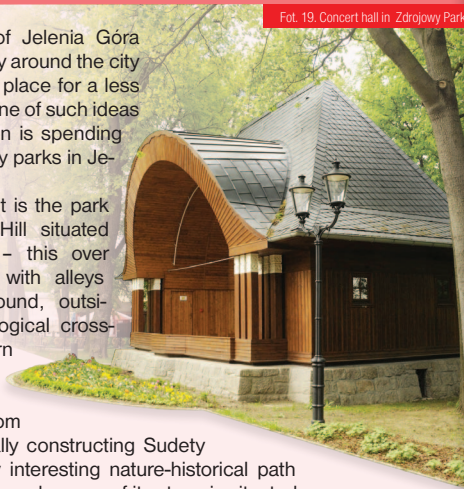


Fot. 18. Zdrojowy Park

Scenic situation of Jelenia Góra and much greenery around the city makes it a perfect place for a less active weekend. One of such ideas for a lazy relaxation is spending time in one of many parks in Jelenia Góra.

One of the biggest is the park on Kościuszko's Hill situated near the centre – this over 24 hectare area with alleys for walks, playground, outside gym and geological cross-section of Western Sudety Mountains on a scale 1:5000 built from rocks which actually constructing Sudety Mountains. A very interesting nature-historical path passes through the park – one of its stops is situated near currently discovered ruins of city galleys.

On the other side of the city you can walk through the Scenic Park of the River Bóbr which runs along the river's course for about 30 km between Jelenia Góra and Lwówek Śląski. Its area consists of hills with original rock formations, cross section of Bóbr, beautiful dam lakes and vast surface of forests.



Fot. 19. Concert hall in Zdrojowy Park



Fot. 20. Pavillion „Edward”

If you are in Jelenia Góra you simply must visit Zdrojowy Park as well as Norwegian Park in Cieplice. In the first one you can come across the trace of health resort architecture, in the second one – wooden Norwegian Pavillion and picturesque pond with stone bridge. The parks are equipped in many benches, so you can spend a day there, for example, reading a book.



ACCOMMODATION

Hotels

HOTEL* CIEPLICKA HARENDA

ul. Francuska 2A
58-560 Jelenia Góra
Phone: +48 75 7552030,
e-mail: cieplicka.harenda@op.pl,
www.cieplicka-harenda.republika.pl
24 lodging places

HOTEL* KARKONOSZE

ul. Złotnicza 12
58-500 Jelenia Góra
Phone: +48 75 7526756,
e-mail: recepcja@hotelkarkonosze.com.pl,
www.hotelkarkonosze.com.pl
25 lodging places

HOTEL*** BIS

ul. Zamoyckiego 3
58-560 Jelenia Góra
Phone: +48 75 6431250,
e-mail: recepcja@hotelbis.eu,
www.hotelbis.eu
48 lodging places

HOTEL*** BARON

ul. Grodzka4
58-500 Jelenia Góra
Phone: +48 75 7523351, +48 75 7525391,
e-mail: recepcja@hotelbaron.pl,
www.hotelbaron.pl
35 lodging places

HOTEL*** CASPAR

Plac Piastowski 28
58-560 Jelenia Góra
Phone: +48 75 6455001,
e-mail: recepcja@caspar.pl,
www.caspar.pl
64 lodging places



HOTEL*** CIEPLICE

ul. Cervi 11
58-560 Jelenia Góra
Phone: +48 75 7551041,
e-mail: hotelcieplice@hotelcieplice.pl,
www.hotelcieplice.pl
180 lodging places

HOTEL*** EUROPA

ul.1 Maja 16/18
58-500 Jelenia Góra
Phone: +48 75 6495500 / 75 7524495,
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www.europa-hotel.com.pl
49 lodging places

HOTEL*** FENIX

ul.1 Maja 88
58-500 Jelenia Góra
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www.hotel-fenix.pl
76 lodging places

HOTEL*** JELONEK

ul.1 Maja 5
58-500 Jelenia Góra
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www.hoteljelonek.pl
20 lodging places

HOTEL*** MERCURE

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Phone: +48 75 7549148,
e-mail: h3408@accor.com,
www.accorhotels.com,
www.mercure.com
344 lodging places

HOTEL*** POD RÓZAMI

Plac Piastowski 26
58-560 Jelenia Góra
Phone: +48 75 7551453,
e-mail: biuro@podrozami.pl,
www.podrozami.pl
44 lodging places

HOTEL*** TANGO

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58-500 Jelenia Góra
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e-mail: kontakt@hoteltango.pl,
www.hoteltango.pl
62 lodging places

RESIDENT HOTELS

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58-570 Jelenia Góra
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502687957,
e-mail: dwbrowik@poczta.onet.pl,
www.borowik.com.pl
90-120 lodging places

Campings/Guest rooms

AUTO CAMPING "PARK" / GUEST ROOMS

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58-500 Jelenia Góra
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e-mail: campingpark@interia.pl,
www.camping.karkonosz.pl
42 lodging places

Hostels

SCHRONISKO „NA ZAMKU CHOJNIK”

58-570 Jelenia Góra CHOJNIK
Phone: +48 75 7553535,
e-mail: kontakt@chojnik.pl,
www.chojnik.pl
16 lodging places

SZKOLNE SCHRONISKO

MŁODZIEŻOWE „Wojtek”
ul. Skowronków 15 a
58-500 Jelenia Góra
Phone: +48 75 6105436; +48 696046824,
e-mail: magdalada@poczta.onet.pl,
www.schronisko-wojtek.pl
30 lodging places

Sanatoria

SP ZOZ SANATORIUM MSW „AGAT”

ul. Cervi 14
58-560 Jelenia Góra
Phone: +48 75 7552064-68,
e-mail: marketing@agatjg.nazwa.pl,
www.sanatorium-agat.pl
210 lodging places

UZDROWISKO CIEPLICE Sp. z o.o.

Pl. Piastowski 38
58-560 Jelenia Góra
Phone: +48 75 7551003,
+48 757533143,
e-mail: kontakt@uzdrowisko-cieplice.pl,
www.uzdrowisko-cieplice.pl
455 lodging places

Hostels

HOTEL "TRAPER"

ul. Traugutta 20/6
58-500 Jelenia Góra
Phone: +48 75 6428668, 601 796 316,
e-mail: hostelisiecka@gmail.com,
www.hostel-traper.pl
7 lodging places

HOTEL GWARDIA

ul. Nowowiejska 43
58-500 Jelenia Góra
Phone: +48 75 7525017, 606 360 443,
e-mail: prezes.gwardia@gmail.com,
gwardiajg@wp.pl,
www.gwardia.net
88 lodging places

Farm tourism

AGROTURYSTYKA „ROZAN”

ul. Saneczkowa 11A
58-570 Jelenia Góra
Tel.: +48 75 7554497, +48 511622679,
e-mail: rozan.jagniatkow@wp.pl,
www.agroturystykarozan.pl
9 lodging places

Other forms of accommodation

APARTMENT „PIASTOWSKI”

Plac Piastowski 21
58-560 Jelenia Góra
Phone: 792 510 934
2 lodging places

BURSA POTOK

ul. Sądowa 9
58-570 Jelenia Góra
Phone: +48 75 7553166, 602 795 229,
e-mail: bursapotok@interia.pl,
www.bursapotok.of.pl
50 lodging places

GOŚCINIEC "KORALOWA ŚCIEŻKA"

ul. Mysłowska 13
58-570 Jelenia Góra
Phone: +48 75 7553372,
e-mail: koral@pbox.pl,
www.koralowasciezka.pbox.pl
52 lodging places

HOTELIK „POD DĘBEM”

ul. Karkonoska 95
58-570 Jelenia Góra
Phone: +48 75 7554762,
e-mail: hotelikpoddebem@neostrada.pl,
www.poddebem.wkarkonoszach.pl
30 lodging places

IMPULS- POKOJE

ul. Sobieszowska 6-8
58-560 Jelenia Góra
Phone: +48 75 7559100,
e-mail: impulsjg@poczta.onet.pl,
www.impuls.jgora.pl
12 lodging places

KARKONOSKI DOMEK

ul. Karkonoska 88
58-570 Jelenia Góra
Phone: 500 792 338,
e-mail: karkonoski.domek@vp.pl,
www.karkonoskidomek.wkarkonoszach.pl
12 lodging places

PAŁAC PAULINUM

ul. Nowowiejska 62
58-500 Jelenia Góra
Phone: +48 75 6494400,
e-mail: palac@paulinum.pl,
www.paulinum.pl
65 lodging places

REZYDENCJA NAD WODOSPADEM

ul. Mysłowska 1a
58-570 Jelenia Góra
Phone: 508501125,
e-mail: rezerwacje@nadowospadem.eu,
www.nadowospadem.eu
12 lodging places

SIELSKIE APARTAMENTY

ul. Sabaly 7a
58-570 Jelenia Góra
Phone: 530364251, e-mail: info@sielskie.pl,
www.sielskie.pl
5 lodging places

STACJA CENTRALNA GK GOPR – POKOJE GOŚCINNE

ul. Sudecka 79
58-500 Jelenia Góra
Phone: 691115442,
e-mail: karkonoska@gopr.pl,
www.gopr.org
23 lodging places

THE BEST APARTMENTS

ul. Klonowicka 3m 4a
58-500 Jelenia Góra
tel. 886 609 713
6 lodging places

VILLA HANNA

Os. Żeromskiego 13
58-570 Jelenia Góra
Phone: 663800411, 601784919,
e-mail: martus4@op.pl
9 lodging places

VILLA POLONIA

ul. Cervi 2
58-560 Jelenia Góra
Phone: +48 75 6467401, 501150401,
e-mail: recepcja@polonia.jgora.pl,
www.polonia-cieplice.pl
43 lodging places

VILLA NOVA DOM GOŚCINNY

ul. Czarnoleska 54
58-500 Jelenia Góra
Phone: +48 75 6444818, 691 281 494,
e-mail: info@villanova.info.pl,
www.villanova.info.pl
20 lodging places



WILLA DOBRY DOM

ul. Michałowicka 39
58-570 Jelenia Góra
Phone: 506697580,
e-mail: willadobrydom@op.pl,
willadobrydom.blogspot.com
8 lodging places

WILLA JUSTYNA

ul. Bronka Czecha 7
58-560 Jelenia Góra
Phone: 607876706

WILLA RHEIN

ul. Działkowicza 28
58-500 Jelenia Góra
Phone: +48 75 7643868,
e-mail: gienia60@neostrada.pl,
www.willa-rhein.de.pl
6 lodging places

WILLA RÓŻA WIATRÓW

ul. Zamkowa 5
58-570 Jelenia Góra
Phone: +48 75 7545590, 607446644,
e-mail: rezerwacja@willarozawiatrow.com,
www.willarozawiatrow.com
18 lodging places

WILLA SONIA

Wzgórze Partyzantów 16
58-500 Jelenia Góra
Phone: +48 75 7646541; 793009091,
e-mail: recepcja@hoteljelonek.pl,
www.hoteljelonek.pl
10 lodging places

WILLA W SOBIESZOWIE

ul. Karkonoska 26
58-570 Jelenia Góra
Phone: 604493893, e-mail: fundacja@fpcg.pl,
www.fundacja.fpcg.pl
16 lodging places

Muzeum Karkonoskie

ul. Jana Matejki 28
58-500 Jelenia Góra
fax, phone.: +48 75 75 23 465
www.muzeumkarkonoskie.pl
sekretariat@muzeumkarkonoskie.pl
open: Tuesday – Sunday
opening hours: Tue.- Fri. 9.00-16.00
Sat.- Sun: 9.00 - 17.00

Free admission on Sunday

Fixed exhibitions:

- The exhibition of glass art
- The model of The Church of Mercy in Jelenia Góra
- The inside of rural hut
- „The history of Jelenia Góra and the region”

Muzeum Karkonoskie Departments:

Muzeum Historii i Militariów

Muzeum Historii i Militariów
ul. Sudecka 83, Jelenia Góra
Phone: +48 75 642 92 22
www.militaria-muzeum.pl
open 9.00-17.00 (V-IX)
9.00-16.00 (X-IV)

Fixed exhibition:

- The exhibition of armour

Muzeum Zamek Bolków

ul. Księcia Bolka, Bolków
Phone: +48 75 7411 32 97
Free admission of Monday

Open:

Mon: 9.00 - 15.30

(exhibition halls are closed)

Tue.-Fri:

9:00 - 16:30 (V-IX)

9:00 - 15:30 (X-IV)

Sat - Sun:

9:00 - 17:30 (V-IX)

9:00 - 16:30 (IV i IX)

9:00 - 15:30(X-III)

Dom Gerharta i Carla Hauptmannów

ul. 11 listopada 23, Szklarska Poręba
Phone: +48 75 717 26 11

Fixed exhibition:

- In the Mountain Ghost's Kingdom
- The products of glass factory „Józefina” in Szklarska Poręba
- Gerhart Hauptmann and his social circle
- Łukaszewscy
- Carl Hauptmann and his friends
- Władimir Hofmann and early years of post-war colony
- Glass and photography artists
- The youngest generation of the artists from Szklarska Poręba

Open:

Tue- Sun 9.00-16.30 (V-IX)

Muzeum Przyrodnicze in post-cistercian complex

ul. Cieplicka 11A
58-560 Jelenia Góra – Cieplice
fax, phone: +48 75 75 57 400
www.muzeum-cieplice.pl
muzeum@muzeum-cieplice.pl

open: Tue - Sun

fixed exhibition:

- The butterflies of Giant Mountains and of the World
- From reptiles to birds
- The birds of the world Pasieka Karkonoska

Muzeum Miejskie „Dom Gerharda Hauptmanna”

ul. Michałowicka 32
58 - 570 Jelenia Góra – Jagniątków
Phone: +48 75 75 53 286
fax 075 755 63 95
www.muzeum-dgh.pl
kontakt@muzeum-dgh.pl
open:

Tue. - Sun.: 9.00-17.00 (V-IX)

Tue – Sun.: 9.00-16.00 (X-IV)

Free admission on Tuesday (not applicable to organized)

Fixed exhibition:

- The exhibition contains souvenirs connected with the works of the Noble; Prize winner Gerhart Hauptmann
- The projection of movies such as: „Tajemnice Łąkowego Kamienia” („The SEcrets of Field Stone”), „7 i 1/2 tygodnia” („7 and 1/2 week”), „Zegnaj DDR. Przez Warszawę ku wolności” („Farewell DDR. Through Warsaw toward freedom)

JCK – Jeleniogórskie Centrum Kultury

ul. 1 Maja 60
58-500 Jelenia Góra
Phone. +48 75 64 23 880/881
www.jck.pl
jck@jck.pl

JCK – Jeleniogórskie Centrum Kultury KLUB KWADRAT

ul. Bankowa28/30
58-500 Jelenia Góra
Phone +48 75 64 78 884
www.jck.pl
jck@jck.pl

ODK – Osiedlowy Dom Kultury

ul. Krzysztofa Komedy-Trzczińskiego 12
58-506 Jelenia Góra – Zabobrze
fax, phone +48 75 75 31 831
www.odk.karkonosze.com
odk5@wp.pl

MDK – Młodzieżowy Dom Kultury „Jelonek”

ul. Marii Skłodowskiej-Curie 12
58-500 Jelenia Góra
Phone +48 75 64 24 460
www.mdjelonek.pl
mdkjig@o2.pl

Miejski Dom Kultury „MUFLON”

ul. Cieplicka 172
58-500 Jelenia Góra – Sobieszów
Phone +48 75 75 53 626
www.muflon.sobieszow.pl
muflon@sobieszow.pl

„PRYZYSTAN TWÓRCZA” Cieplickie Centrum Kultury

ul. Cieplicka 74
58-560 Jelenia Góra – Cieplice
tel. +48 75 71 22 892
www.przystantworcza.pl
sekretariat@przystantworcza.pl

Filharmonia Dolnośląska

ul. Józefa Piłsudskiego 60
58-500 Jelenia Góra
Concert office
Phone +48 75 75 38 180 (ticket office)
www.filharmonia.jgora.pl
sekretariat@filharmonia.jgora.pl

Teatr im. Cypriana Kamila Norwida

Al. Wojska Polskiego 38
58-500 Jelenia Góra
Phone. +48 75 64 28 110
www.teatrnorwida.pl
widownia@teatrnorwida.pl

Zdrojowy Teatr Animacji

Park Zdrojowy 1
58-560 Jelenia Góra – Cieplice
Phone +48 75 75 57 690, 512 219 907
www.teatr.jgora.pl
scenaanimacji@teatr.jgora.pl

CINEMAS

Kino „Grand”

ul. Krótka 3
58-500 Jelenia Góra
Phone +48 75 75 22 378
current repertoire on www.kinogrand.pl

Kino „Lot”

ul. Pocztowa 11/12
58-500 Jelenia Góra
Phone +48 75 76 76 370
Current repertoire on www.kino-lot.pl

GALLERIES

BWA - Biuro Wystaw Artystycznych

ul. Długa 1, skr. poczt. 431
58-500 Jelenia Góra
Phone. +48 75 75 26 669
www.galeria-bwa.karkonosze.com
galeria-bwa@karkonosze.com
open: from Monday to Friday between 8.00 - 17.00,
or Saturday at 10.00 - 14.00

GALERIA GWIAZD

ul. Bartka Zwycięzcy 1
58-500 Jelenia Góra
Phone +48 663 966 138
szklane_anioly@interia.pl

Galeria „Promocje” i „Holl” ODK

ul. Krzysztofa Komedy-Trzczińskiego 12
58-506 Jelenia Góra – Zabobrze
Phone +48 75 75 31 831
fax +48 75 75 41 090
www.odk.karkonosze.com
odk5@wp.pl

Galeria „Pod Brązowym Jeleniem” JCK

ul. 1 Maja 60
58-500 Jelenia Góra
Phone +48 75 64 23 880/881
fax +48 75 64 23 882
www.jck.pl
jck@jck.pl

Galeria „Korytarz” JCK

ul. Bankowa 28/30
58-500 Jelenia Góra
fax, phone. +48 75 64 78 884/5
www.jck.pl
jck@jck.pl

Galeria N... przy DODN

ul. 1 Maja 43
58-500 Jelenia Góra
Phone +48 75 64 23 328
info@dodn.jgora.pl

Galeria „Muflon” MDK Muflon

ul. Cieplicka 172
58-500 Jelenia Góra – Sobieszów
Phone./fax +48 75 75 53 770,
Phone. +48 75 75 53 626
www.muflon.com.pl

Galeria SKENE (the hall in the building belonging to the theatre)

ul. Wojska Polskiego 38
58-500 Jelenia Góra

JTF Jeleniogórskie Towarzystwo Fotograficzne

ul. Wojska Polskiego 37
58-500 Jelenia Góra
mobil.: 784 330 346
www.jtf.com.pl

Koja Galery ART & ANTIC

ul. 1 Maja 15/17
58-500 Jelenia Góra
Phone +48 75 75 26 474

Galeria „Prinz”

ul. Józefa Piłsudskiego 5
58-500 Jelenia Góra
Phone +48 75 75 26 308
www.galeriaprinz.jgora.pl

Galeria „jasna anielka”

ul. Jasna 4
58-500 Jelenia Góra
Mobile phone +48 605 675 302
www.jasna-anielka.pl

Szklana Manufaktura - galeria, grawernia

ul. Sebastiana Klonowica 3
58-500 Jelenia Góra
Phone 883 286 737
www.szklanamanfaktura.pl

Bzik Studio - Tomasz Michalski

ul. Grodzka 16 (City Tower)
58-500 Jelenia Góra
Phone +48 604573992
www.bzikstudio.com
bzik@bzikstudio.com

Pracownia i galeria „Kraina Rzemiosła”

ul. Powstańców Wielkopolskich 21
58-500 Jelenia Góra
Phone 669 49 0999
www.krainarzemiosla.eu



Facility adjusted to the needs of the disabled

As the Muzeum Przyrodnicze was moved to the new premises, some problems may occur.



Weekend with a bike

Jelenia Góra is a perfect place to start a bicycle trip around Kotlina Jeleniogórska (Jelenia Góra Basin) or the Karkonosze Mountains. The region is abundant in routes characterized by different degrees of difficulty, offering bicycle adventures for families with children as well as for the fans of extreme travels.

There are two Euro-regional bicycle routes passing through the city: ER-2 (the route is 167 km long) as well as ER-6 (122 km long) and other bicycle routes which join with the routes leading to nearby towns which allow the tourists to get to know the area on four wheels.

Jelenia Góra, as a bicycle centre of the area offers bicycle events every year, among other things, Jelenia Góra Trophy Maja Włoszczowska MTB Race (June) or Parada Rowerów. In June 2014 it will become the capital of the world cycling during V Akademickie Mistrzostwa Świata w Kolarstwie Górskim i Szosowym.



If you are interested in bicycle trips we advise you to download a free guide: „Fifteen bicycle trips from Jelenia Góra: Giant Mountains, Izerskie Mountains, Rudawy Janowickie, Kaczawskie Mountains” written by: Różycka-Jaskólska Barbara and Możanowicz Damian available via the link: przewodnik.jelenia.pl or purchase guidebooks available on the market.



From Jelenia Góra toward the mountains

Jelenia Góra, because of good connection to the towns situated in Karkonosze Mountains, is a perfect spot to start a trip to the mountains – Karkonosze Mountains, Izerskie Mountains, Rudawy Janowickie or Kaczawskie Mountains seem to be at the hand's reach.

One of the most beautiful places for weekend trips to the Giant Mountains are post glacial cauldrons – you can walk to one of them, the Czarny Kociot Jagniątkowski, by following the blue trail (Coral Path) from the highest part of Jelenia Góra - Jagniątków.

There are many interesting viewpoints in the Karkonosze Mountains, they are Czeskie (Czech) (1416 m) and Śląskie (Silesian) Stones (1413 m above sea level).

We suggest you to look at the Karkonosze from the perspective of their geo-diversity – Karkonoski Park Narodowy has prepared 10 geo-touristic paths for that purpose (half or one day long) based on the existing network of trails and already set out educational paths.



The proposals of trails can be downloaded from the webpage: www.kpnmab.pl, if we are interested in the detailed list of geo-points with GPS directions as well as the photographs, it can be found on the webpage of The Ministry of Environment: <http://www.przewodnik.jelenia.pl>



Relax with a fishing rod

In Jelenia Góra and its surroundings one can also find a real paradise for the fans of fishing. Okręg Polskiego Związku Wędkarskiego in Jelenia Góra manages 1981.24 ha of water. Fish can be caught among other places in the Bóbr River, reservoirs and ponds – Ptaszyński Pond near Cieplice. A detailed list of waters in the area can be found on a webpage.

If you want to go fishing you have to be a member of Polskiego Związku Wędkarskiego (Polish Angling Society) but non-members of PZW can fish too – they can download a temporary application concerning amateur fishing using a fishing rod (1 or 3 days) from the webpage of the Society



Polish District Angling Association in Jelenia Góra
phone: +48 75 75 222 46,
www.pzw.jgora.pl, biuro@pzw.jgora.pl



350 kilometers on a horse

The enthusiasts of horse riding are catered for in Jelenia Góra also. The town is located on the Sudecki Horse Trail - the route starting in Ladek Zdroj up till Kliczków, together over 350 km.

The route passes through the picturesque mountain ranges of the Sudeten. It passes through 13 Centers of Mountain Horse Tourism, which serve well as lodging places for the teams travelling along the trail.

West part of the route starts in Western City in Ściegny near Karpacz, runs through Podgorzyna, then through Cieplice (dry flood reservoir Cieplice), Sobieszów and continues through Piechowice in the direction of Izerskie Mountains.

Stables in Jelenia Góra

Gostar

ul. Goduszyńska 61
Jelenia Góra – Goduszyn
www.gostar.pl

Szałas Muflon

Komarno 145
58-508 Jelenia Góra
www.muflon.agroturystyka.org

River Chanter

ul. Wrocławska 27
Jelenia Góra – Maciejowa

Rancho „Czarne” Krzysztof Głowacki

ul. Czarnoleska 46a
Jelenia Góra - Czarne
tel. +48 75 75 214 03
e-mail: miglo@o2.pl



The precise details of the trail can be found on a webpage: www.pttk-jg.pl/konno



From the air

Aero Club from Jelenia Góra offers an interesting perspective of enjoying the advantages of the city and whole Jelenia Góra Valley.

Here the most prominent pilots, paratroopers, model makers and representatives of other fields of aviation began their air carrier- such as Mirosław Hermaszewski or Hanna Reitsch. It is "a diamond mine" known all over the world - thanks to a unique atmospheric conditions and so called „Karkonosze Mountains wave" the glider pilots from around the world can make a record flight reaching an impressive height as high as ... nine thousand feet!



Aeroclub offers:

- tandem skydiving - unforgettable form of recreation for everyone, providing a large dose of adrenaline with complete safety; jumping takes place under the supervision of an instructor every weekend in high season (until October)

Contact: phone +48 604 153 300

e-mail: skoki@tandemowe.pl

www.tandemowe.pl/rezerwacja

- a flight in a plane over the Valley of Palaces and Gardens, a flight over Mountain Śnieżka

Contact: phone +48 75 75 260 20

e-mail: aeroklubjg@jg.home.pl

www.aeroklub.jgora.pl



Aeroklub Jeleniogórski/Aeroclub in Jelenia Góra

ul. Łomnicka- Lotnisko

Jelenia Góra

phone +48 75 7526020

aeroklubjg@jg.home.pl

In a canoe

The wide touristic offer of Jelenia Góra contains a canoeing trail along Bóbr River. One of the most beautiful parts of the trail is the fragment passing through the Scenic Park of the River Bóbr which starts near the very centre of Jelenia Góra.

It is worth underlining that the part between Kamienna Góra to Żagań Bóbr was classified as a mountain river by the Commission of Touristy and Polish Recreational Canoeing Society as well as the Commission of Canoeing Touristy of PTTK Chief Management which means you have to prepare well for the trip. Because of the differences in water levels the most attractive months, as far as canoeing is concerned, are March, April and May as well as July. The trail leads from Kamienna Góra to the mouth of Odra, it is almost 250 kilometres long and, although completing it takes 7 -10 days, it is worth trying to canoe down the Bóbr River, finishing the trail at the weekend.



Detailed description of the trail: www.pttk-jg.pl/kajakiem
Daily information about the water level: www.imgw.pl



Go-karts KF1 Karting

ul. Jana Kilińskiego 19

Jelenia Góra

Open seven days a week so you can feel like a Formula 1 drivers and race with karts.

Open Mon-Fr 12.00-23.00,

Sat-Sun 10.00-23-00



„...hot water is steaming as it springs out and miraculously cures different weakness”

For almost 750 years Jelenia Góra has been known for its thermal waters available in its health resort area- Cieplice. In this place the first health resort in Poland was created which during the years attracted many celebrities. Thermal waters from Cieplice are one of the hottest in Poland, they reach the temperature of almost 90 degrees Celsius. After an actively spent day some relaxing in Health Resort Cieplice is a dream-come-true for of spending time.

For the active ones and the lazier individuals Termy Cieplickie will soon prepare a new offer - more varied offer will predestine about its attractiveness, it will be prepared in such a way to cater for the young ones, the old ones passionate of bathing and swimming. The guests will be able to use swimming pools which water surface will cover almost 1.200 m². The young swimmers will play in two paddling pools, for a bit older ones or the ones who still feel like children - inner slides as well as two seasonal slides, wild river, water swing, professional swimming pool 25 meters long, Jacuzzi, a couch with water-air massage, outer thermal swimming pools and much more ...

Termy Cieplickie

www.termycieplkie.pl

Health Resort Cieplice/ Uzdrowisko Cieplice Sp. z o.o. - Grupa PGU

ul. P. Ściegiennego 5/7

Jelenia Góra - Cieplice

Reservation:

Phone: +48 75 75 33 143; +48 75 75 510 03-05;

Info-line: 801 011 859

kontakt@uzdrowisko-cieplie.pl

www.uzdrowisko-cieplie.pl

SPA Health Resort „Marysieńka”

Plac Piastowski 38

Jelenia Góra - Cieplice

Phone: +48 75 75 510 04 in. 258 or 255

www.uzdrowisko-cieplie.pl

Termy Cieplickie - very varied offer prepared in such a way to cater for the young and the old fans of swimming and bathing will influence the attractiveness of that place.



Other swimming pools:

Indoor swimming pool Szkoła Podstawowa nr 11 / Primary School 11
ul. Stanisława Moniuszki 9
Jelenia Góra - Zabobrze
Phone: 75 75 43 588

Cieplice Hotel
ul. Cervi 11
Jelenia Góra - Cieplice
Phone: +48 75 75 51 041
www.hotelcieplice.pl

Billiard

„Gazownia” ul. Pocztowa
Klub Skatka ul. Letnia
TaXi Bar ul. Krótka
Pub ul. Podgórna
Pub Beczka ul. Daniłowskiego

Mercure Hotel
ul. Sudecka 63
Jelenia Góra
Phone: 75 75 49 351

Zespół Basenów Kąpielowych/
Swimming pool complex
ul. Sudecka 59
Jelenia Góra
Phone.: 75 64 66 687
Open during summer

Chała pod Chojnikiem
ul. Chałubińskiego
Hotel „Pod Różami”
Plac Piastowski
Pizzeria „Biesiadowo”
ul. Różyckiego
Pizzeria „Roma Cieplice”
ul. PCK



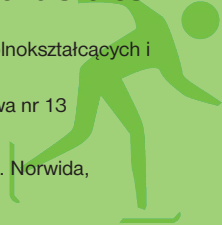
Jelenia Góra offers many possibilities of spending winter holidays in the city in an active way. The cross-country skiing lovers can use the trails designed for active forms of leisure on the slopes of Chojnik Mountain. Forest firebreaks in the direction of Zachełmie and Podgórzyn as well as Jagniątków creating natural conditions to practice skiing. The Microstation of Winter Sports Łysa Góra - Dziwiszów, situated 10 km away from Jelenia Góra, on the other hand, offers the addendum of winter ski adventures because of the night slides (18.00-22.00).

Small distance and good communication between Jelenia Góra and Szklarska Poręba, Karpacz or other winter sports centres in the area makes the city ideal spot for starting a weekend winter relaxation.



In winter there are ice skating rinks and skates renting place operate in the city:

- Skating Rink / „Biały Orlik” by Zespół Szkół Ogólnokształcących i Technicznych al. Jana Pawła II
- Skating Rink / „Biały Orlik” by Szkoła Podstawowa nr 13 ul. Piotra Skargi 19
- Skating Rink by Liceum Ogólnokształce im. C. K. Norwida, ul. Gimnazjalna 2



Ice skating rinks administrator:
Międzyszkolny Ośrodek Sportu
Phone. +48 75 64 66 685
www.mosjg.pl



Microstation of Winter and Summer Sports

Łysa Góra - Dziwiszów
Skiing School and Sudecki Sport Club
Aesculap Jelenia Góra
ul. Wojska Polskiego 18
58-500 Jelenia Góra
Phone: +48 75 76 45 604

AKADEMIA NAUKI

ul. Bankowa 8 (2nd floor)
Jelenia Góra
Phone. 533 582 987, 691 582 987, 696 200 055,
Children care with the supervision of a professional carer
open:
Monday - Friday 16.00 - 19.00

AKADEMIA HAPPY KIDS

al. Jana Pawła II 20a
Jelenia Góra
Phone. 75 64 22 022; 501 555 355
www.akademiahappykids.pl
Playroom for children aged from 1 up to 12.

FIKOŁEK

ul. Działkowicza 34
Jelenia Góra - Zabobrze
Playroom and birthday party organize
www.event-show.pl
Phone. 606 442 350 , tel. 609 042 697
open:
Tuesday - Friday - 13:00 - 19:00
Saturday - Sunday - 10:00 - 20:00

HIP-HOP S.C

FANTASTYCZNY ŚWIAT ZABAW/ FANTASTIC WORLD OF FUN

ul. Ogińskiego 1a
Jelenia Góra - Zabobrze
Phone. +48 75 64 20 567 , GSM 535 848 048
www.hip-hop.jgora.pl
For children up to 10 years old
open:
Monday - Friday 12.00-19.30
Saturday - Sunday 10.00-20.00

STONOGA

Playroom for children
ul. Złotnicza 14
Jelenia Góra
Phone. 603 78 26 04
www.stonogajg.pl
Open:
Monday - Friday 11:00-20:00;
Saturday, Sunday 10:00-20:00

STADIUM

CITY STADIUM

ul. Złotnicza 12
Jelenia Góra
Phone +48 75 64 66 686, 75 64 66 685

A complex of playing fields and sports halls including:

- full-sized football field with an open area for the spectators
- spectacular sport hall with the arena for the spectators, can be also used as full-sized handball field
- wrestling hall
- table tennis hall

The object is adjusted to the needs of the disabled.

SPORT STADIUM

ul. Lubańska 1
Jelenia Góra - Cieplice
Phone +48 75 64 66 688

A complex of playing fields and sport equipment:

- full-sized football field
- volleyball field
- football training field
- running track, take-off and tee
- a lane for BMX riding
- sport shooting range
- the ramp and other elements for skateboarders.

Administrator:
Międzynarodowy Ośrodek Sportu
Phone +48 75 64 66 686
www.mosjg.pl

GYMNASIUM

Młodzieżowy Dom Kultury w Jeleniej Górze
ul. Skłodowskiej-Curie 12
Jelenia Góra
tel. +48 75 75 64 24 460

The room of a size of 24m x 12m perfect for playing basketball and volleyball. There is the possibility to lower the baskets to play minibasketball.

The object is adjusted to the needs of the disabled.

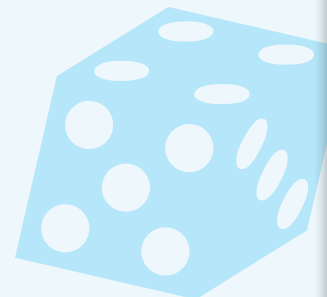
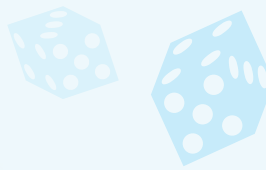
PLAYGROUNDS

- Playground by ul. Stefana Czarnieckiego
- Playground by ul. Książęca
- Playground in Osiedle Robotnicze
- Playground by ul. Tkacka
- Playground in Park Żiżki
- Playground by ul. Zjednoczenia Narodowego
- Playground by ul. Edwarda Dembowskiego
- Playground by ul. Lwówecka
- Playground - Plac Kościuski
- Playground in Parku Norweskim
- Playground by ul. Rudolfa Weigla
- Playground by ul. Krzysztofa Komedy-Trzczyńskiego
- Playground by ul. Okrężna
- Playground in Osiedle Łomnickie - Plac Różany
- Playground in Park Wzgórze Kościuski
- Playground by ul. Zaulek

From the capital of Karkonosze – Jelenia Góra you can reach easily*

Miejskie Muzeum Zabawek (City Museum of Toys) – Karpacz (20 min)	Dino Park – Szklarska Poręba (20 min)
Summer Sledge Route – Karpacz (20 min)	Western City – Ściegny (15 min)
The Fairytale – Karpacz (20 min)	Cyrkland – Miłków (15 min)
Karkonoskie Tajemnice (The Secrets of Great Mountains) – Karpacz (20 min)	Wioska Indianiska Canoe (Native American Village Canoe)** – Sz. Poręba (20 min)
Dom Lalki Adoptowanej (The House of an adopted doll) – Karpacz (20 min)	Karkonoskie Centrum Edukacji Ekologicznej (Karkonoskie Centre of Ecological Education) KPN – Sz. Poręba (20 min)

- * The time given in brackets is an average time of travelling by car
** Attraction available till the end of September



IMPORTANT EVENTS

JANUARY

Mistrzostwa Polski w Rzeźbie ze Śniegu	Szklarska Poręba, SkiArena Szrenica
BORDER RUSH	Szklarska Poręba, Polana Jakuszycza
Finał Wielkiej Orkiestry Świątecznej Pomocy	Jelenia Góra, Plac Ratuszowy
Karkonoski Festiwal Świata	Jelenia Góra, Plac Piastowski
Międzynarodowe Mistrzostwa w Skijoring	Karpacz, Stadion Miejski

FEBRUARY

Międzynarodowy Festiwal Filmowy „Zoom - Zbliżenia”	Jelenia Góra, Kino LOT
Family Cup – Mistrzostwa Województwa Dolnośląskiego	Karpacz, Stok Euro
Międzynarodowy Zjazd Saniami Rogatymi	Kowary, square by „Sztolnie Kowary”
Puchar Radiowej Trójki w Narciarstwie Zjazdowym w Szklarskiej Porębie	SkiArena Szrenica

MARCH

Bieg Piastów	Szklarska Poręba, Polana Jakuszycza
Memoriał Waldemara Siemaszki	Karpacz, Karkonosze
Mistrzostwa Szklarskiej Poręby o Puchar Burmistrza w Narciarstwie Zjazdowym i Snowboardzie	Szklarska Poręba, SkiArena Szrenica
Izerski Bieg i Bieg Retro	Szklarska Poręba, Stacja Turystyczna ORLE

APRIL

Mistrzostwa Polski z Jajem	Karpacz, Stok Lodowiec next to Chata Karkonoska
Piknik Cross Country	Jeżów Sudecki, Siedlęcin
Everyboard Festival	Karpacz, Stadion Miejski
Puchar Samotni	Karpacz, Schronisko Samotnia

MAY

Parada Rowerów	Jelenia Góra
Międzynarodowe Targi Turystyczne Tourtec	Jelenia Góra, Plac Ratuszowy
Noc Muzeów	Jelenia Góra
Wiosna Cieplicka	Jelenia Góra, Cieplice

JUNE

Turniej Rycerski	Siedlęcin, Wieża Książęca
Turniej Tenisowy	Karpacz, Mercure Skalny
Międzynarodowy festiwal Teatrów Awangardowych PESTKA	Jelenia Góra
Jelenia Góra Trophy – Maja Włoszczowska MTB Race	Jelenia Góra

JULY

Bike Adventure	Piechowice
Rajd Karkonoski	Kotlina Jeleniogórska
Cieplickie Koncerty Organowe	Jelenia Góra, Cieplice
Rowerowy Rajd Retro	Szklarska Poręba, Stacja Turystyczna Orle
Art & Glass Festival	Jelenia Góra, Plac Ratuszowy

AUGUST

Cieplickie Koncerty Organowe	Jelenia Góra, Cieplice
Ogólnopolska Turystyczna Giełda Piosenki Studenckiej	Szklarska Poręba, Baza pod Ponurą Małą
Międzynarodowy Festiwal Teatrów Ulicznych	Jelenia Góra
Ogólnopolski Festiwal Filmów Komedycznych	Lubomierz
Obchody św. Wawrzyńca	Karkonosze, Śnieżka Kaplica św. Wawrzyńca
Uphill Race Śnieżka – Wjazd na Śnieżkę	Karkonosze, Śnieżka
Festiwal Rowerowy Bike Action	Szklarska Poręba, SkiArena Szrenica
Kolarski Wjazd Kowary-Okraj	Kowary, Przełęcz Okraj
Rycerski Turniej Kuszniczy o Złoty Belt Chojnika	Jelenia Góra, Zamek Chojnik
Festiwal Szuk Dell' Arte	Wojanów, Pałac Wojanów
Dog Trekking	Podgórzyn, Przesieka

SEPTEMBER

Festiwal Silesia Sonans	Jelenia Góra
Wystawa Produktów Regionalnych „Wyprodukowano pod Śnieżką”	Jelenia Góra
Międzynarodowe Warsztaty Pszczelarskie	Jelenia Góra, Plac Piastowski
Międzynarodowy Turniej Tańca Towarzystwo „Karkonosze Open”	Jelenia Góra
Jelenia Góra Trophy – Maja Włoszczowska MTB Race	Jelenia Góra
Jarmark Staroci i Osobliwości	Jelenia Góra, Plac Ratuszowy
Międzynarodowe Mistrzostwa Szklarskiej Poręby w Grzybobraniu	Szklarska Poręba, Polana Jakuszycza
Przeście Dookoła Kotliny Jeleniogórskiej	Szklarska Poręba, SkiArena Szrenica
Lawina	Śnieżka, Schronisko Samotnia
Piknik Cross Country	Jeżów Sudecki, Siedlęcin

OCTOBER

Jeleniogórskie Spotkania Teatralne	Jelenia Góra
Międzynarodowy Krokus Jazz Festiwal im. Tadeusza „Errola” Kosińskiego	Jelenia Góra

NOVEMBER

Kiermasz Adwentowy w Pałacu i Folwarku	Lomnica, Pałac Lomnica
JGJ Festiwal Jeleniogórskie Gwiazdy Jazzu	Jelenia Góra

DECEMBER

Przesiecka Kąpiel Morsów	Podgórzyn, Przesieka
Sylwester pod Ratuszem	Jelenia Góra, Plac Ratuszowy

The events of Jeleniogórska: September



How to reach Jelenia Góra?

Jelenia Góra is conveniently connected via bus with all towns in Jeleniogórska Basin which can be reached by city buses and inter-city buses. Detailed connections are available in all-Poland browsers and webpages:

www.rozklad-pkp.pl
www.pks.jgora.pl
www.krycha.pl
www.e-podroznik.pl

How to travel around Jelenia Góra?

City means of transport / Komunikacja miejska

City Transport Company

ul. Wolności 145
Jelenia Góra
Phone. 75 76 48 736

Current prices of the tickets and timetable: www.mzk.jgora.pl

BILETY SINGLE TICKETS TO BE USED ONCE					
REGULAR LINES	TICKET PRICE				
NUMBER AND TYPE OF ZONES	NORMAL	STATUTORY REDUCED	LOCALLY REDUCED	NIGHT	
				NORMAL	REDUCED
1 price zone City zone of Jelenia Góra or commune zone	3,00 zł	1,50 zł	1,80 zł	5,80 zł	2,90 zł
2 price zone – City zone of Jelenia Góra + one zone of another commune (city)	4,80 zł	2,40 zł	2,90 zł	9,60 zł	4,80 zł
EXPRESS TICKET PRICES					
NUMBER AND TYPE OF ZONES	NORMAL	STATUTORY REDUCED	STATUTORY REDUCED		
1 payment zone	4,00 zł	2,00 zł	2,40 zł		
2 Payment zone	7,80 zł	3,90 zł	4,70 zł		

As on 08.2013 according to mzk.jgora.pl
Tickets and phone applications - page 35

Bicycle Rental

Cieplkie Bicycle Center/ Cieplkie Centrum Rowerowe

Train Station Cieplice
ul. Dworcowa 20
Jelenia Góra – Cieplice
Phone 884 637 047

Car Rental

Vivacar

ul. Spółdzielcza 27
Jelenia Góra
Phone +48 75 64 54 544
Mobile phone 602 137 237/ 507 320 620
www.vivacar.pl, e-mail: biuro@vivacar.pl

Karen

ul. Wyszyńskiego 46
Jelenia Góra
Phone +48 75 75 33 223/4
e-mail: autajelenia@wp.pl

MaxCar

ul. Złotnicza 14 I p.
Jelenia Góra,
Phone +48 75 641 30 10
+48 503 111 099
www.wypożyczalniamaxcar.pl

P.H.U. Auto Panda

ul. Wolności 126
Jelenia Góra
Phone +48 75 64 32 081
607 152 982

Car parks in the city

Guarded car park

ul. Sudecka (hotel „Mercure”)
ul. Armii Krajowej (hotel „Europa”)
ul. Kraszewskiego (hotel „Fenix”)
ul. Grottgera
ul. Pijarska (enter via Podwale),
multilevel carpark

Places for parking touristic coaches

ul. Obrońców Pokoju
(Coach Station)
ul. Podwale (MZK bus stop)
up to 10 minutes
ul. Grodzka (by Hotelu Baron)
ul. Podgórzyńska (near Norwegian Park)
ul. O. Langego (entrance for coaches from ul. Sobieszowska)

Parkingmeters in Jelenia Góra

Parkingmeter chargé are operating from Monday till Friday between 08.00 and 18.00, whereas on Saturday, Sunday and holiday the layover is free of chargé.

The supervision on making payments and technical support

Office
ul. Piłsudskiego 6
Jelenia Góra
Phone: 75 64 246 99

Radio- taxi

Radio-taxi 9622

ul. Zgorzelecka 9
Jelenia Góra
Phone 196 22,
+48 75 75 22 777,
+48 800 222 222

Radio-taxi 9191

ul. Zgorzelecka 9
Jelenia Góra
Phone 191 91,
+48 75 76 75 555,
+48 800 144 911

Radio-taxi Mercedes

Pl. K. Wyszyńskiego 37
Jelenia Góra
Phone 196 26,
+48 75 76 76 550,
+48 800 333 333,
from mobile phone *4444 (Orange)

Radio-taxi Śnieżka

ul. Wiejska 29
Jelenia Góra - Zabobrze
Phone 196 21,
+48 75 75 35 835,
+48 800 700 600

Luggage Taxi

Os. Robotnicze
Jelenia Góra
Phone +48 75 75 22 727

Look at the page 35 -
Internet and Multimedia





Fot. 21. The interior of the Holy Cross Elevation Church

The Parish of Holy Cross Raising

ul. 1 Maja 45
Jelenia Góra
Phone. 730 81 47 57

Masses:
Sunday: 7:00, 8:30, 10:00, 11:30,
13:00, 18:00, 20:00
weekdays: 7:00, 7:30, 18:00

Saint John the Apostle and Evangelist Parish

Pl. św. Jana Ewangelisty 1
Jelenia Góra - Zabobrze
Phone +48 75 75 42 412

Masses:
Sunday: 08:00, 09:30, 11:00, 12:30,
18:00, 20:00
weekdays: 07:00, 18:00

Saint Juda Thaddaeus Parish

ul. Czarnoleska 2
Jelenia Góra - Czarne
Phone +48 75 64 21 585

Masses:
Sunday: 9:00, 11:00, 12:30 (it is not
conducted in July and August)
Saturday: 9:00

Saint Peter and Paul the Apostles Parish

ul. Wrocławska 58
Jelenia Góra - Maciejowa
Phone +48 75 75 21 682

Masses:
Sunday: 8:00, 11:30
weekdays: 18:00 (apart from Wednesday
- 8:00)

Saint Adalbert's Parish

ul. Moniuszki 12
Jelenia Góra - Zabobrze
Phone +48 75 76 44 878 lub 75 41 303

Masses:
Sunday: 7:00, 8:30, 10:00, 11:30, 13:00
(during school year), 18:00
weekdays: 7:00, 18:00

The Parish of the Mother of God The Queen of Poland and Saint Francis of Assisi

ul. Morcinka 8a
Jelenia Góra
Phone +48 75 76 78 996

Masses:
Sunday: 7:30, 8:30, 10:30, 12:00, 17:00
weekdays: 7:30, 17:00

The Parish of Saint Erasm and Pankracy

Pl. Kościelny 1-2
Jelenia Góra
Phone +48 75 75 22 160 lub tel. +48 75
75 25 201

Masses:
Sunday: 7:30, 9:00, 10:30, 12:00, 13:15,
18:00
weekdays: 6:30 (only during school year),
7:00, 7:30, 18:00
holidays: 6:30, 7:30, 9:00, 18:00

The Parish of Mother of God Of Mercy

ul. PKC 23
Jelenia Góra - Cieplice
Phone +48 75 75 51 777 lub +48 75 75
59 277

Masses:
Sunday: 7:00, 9:00, 11:00, 12:30 i 18:00
weekdays: 7:00 i 18:00; additionally during
holidays at 9:00

Joohn the Baptist's Parish

ul. Cieplicka 9
Jelenia Góra - Cieplice,
Phone. +48 75 64 28 810

Masses:
Sunday and ceremonies: 7:00, 8:30,
10:00, 11:30, 13:00, 15:00 (apart from
July and August), 19:00
weekdays: 7:00, 8:00, 19:00
Chapel in Goduszyn under the calling of
Saint Józef Kalasancjusz: 10:00

The Parish of Saint Mary's Assumption

Dąbrowica 21
Jelenia Góra
Phone +48 75 71 30 191
Masses:
Sunday: 11:00, 16:00
weekdays: Mon.: 7:00, Wed: 16:00, Sat:
8:30

The Church of The Holliest Heart of Jesus

ul. Cieplicka 219
Jelenia Góra - Sobieszów
Phone.: +48 75 75 53 410

Masses:
Sunday at 7:00; 9:00 (Saint Martin's
Church); 10:30; 12:00 and 18:00
weekdays: 7:00 (only during school year),
18:00

The Parish of God's Mercy

ul. Saneczkowa 1
Jelenia Góra - Jagniątków
Phone. +48 75 75 54 161
Phone +48 75 75 56 338

Mass:
Sunday: 8:00 i 12:00
weekdays: Tuesday, Wednesday, Friday,
Saturday: 18:00 - in summer, 17:00 - in
winter

Evangelic - Augsburgian Church

Plac Piastowski 18
Jelenia Góra-Cieplice
Phone: +48 75 642 66 67
Sunday service:
Every Sunday and holidays at 10:30

Orthodox Parish of Saint Peter and Paul

1 Maja 40
Jelenia Góra
Phone 606 412 235
Service at 10:00 on Sunday and twelve
Great Holidays

Pentecostalic Church

Wolności 32
Jelenia Góra
Church service:
Sunday: 10:00

The Church of the Adventists of the Seventh Day

ul. Panieńska 36, Jelenia Góra
Phone: 75 764 97 35
Church service
Sunday: 9.30 - 12.00



Polish Catholic Church in the Republic of Poland

ul. Wolności 230
Jelenia Góra - Cieplice
Masses:
Sunday at 11:00, during summer holiday
at 9:00

Christian Evangelical Church

ul Weigla 24b
Jelenia Góra
Phone +48 75 75 23 433

The Church of God in Christ

ul. Klonowica 7
Jelenia Góra
Phone +48 75 75 25 874

The New Apostolic Church in Poland

Piłsudskiego 56
Jelenia Góra
Phone. +48 75 75 24 480

Fot. 22. Eastern Orthodox Church of Saint Peter and Paul



WE REMIND YOU HOW THE MOBITIME APPLICATION WORKS AND WHAT YOU USE IT FOR.

It is a free official application of MZK sp. z o.o. in Jelenia Góra which always contains current information for the passengers (timetable) available on mobile phones. Thanks to MobiTime Jelenia Góra the passenger can:

- check the current timetable available without connecting the Internet, in off-line mode
- check the real time of the bus coming to the bus stop (real-time information)
- check the connection between bus stops
- receive information about changes of the timetable

PAY FOR THE CITY COMMUNICATION TICKETS USING COMFORTABLE APPLICATION SKYCASH.



SkyCash is the fastest and most comfortable way of buying city communication ticket - everywhere, 24/7, without haste, standing in lines, checking the change or looking for an open ticket office.

PAYING FOR PARKING HAS NEVER BEEN SO COMFORTABLE!

SkyCash together with a mobiParking service proved paying for parking can be comfortable. This solution is operating in almost 30 cities around Poland.

HOT SPOT FREE		
City Hall Square	Name of the network: Internet	No password
MZK Buses (selected)	Name of the network: Internet	No password
Sudecka 29	Name of the network: Internet	No password

* the placement of hot-spots can change. Check the current list on jeleniagora.pl

Przewodnik na systemy Android®

(other mobile platforms will be available soon)

m.jelenia.pl



OTHER PRACTICAL INFORMATION:

EMERGENCY NUMBERS:

997 AMBULANCE SERVICE
998 FIREBRIGADE
997 POLICE

List of cashmachines

bankomaty.jelenia.pl lub w aplikacji na m.jelenia.pl

24/7 pharmacy:

Apteka Bankowa
ul. Solna 1
Jelenia Góra

Karkonoska Grupa GOPR

ul. Sudecka 79, Jelenia Góra
+ 48 75 752 47 34
601 100 300

Hospital emergency department SOR

ul. Ogińskiego 6, Jelenia Góra
Reception desk: + 48 75 753 71 18,
+ 48 75 753 71 19

Guides

- The Sudety Team of Guides
www.przewodnik-sudecki.pl
- The Guild of Sudety Guides
www.gildia-przewodnicy.pl

POLISH TOURIST INFORMATION

phone + 48 22 278 77 77 (for line phones)
phone +48 608 599 999 (for mobile phones)



Since the 1 of July 2013 there have been new rules concerning the management of communal waste. While staying in Jelenia Góra, you should remember to collect selectively paper and cardboard, glass packages, artificial materials and organic waste (biodegradable) which have to be kept in separate containers or bags.



PAPER	(paper cannot be wet, mechanically, chemically or biologically dirty)	THROW INSIDE: Writing paper, books, notebooks, magazines, brochures, folders, catalogues, prospects, paper and carton bag, carton boxes, cardboard
GLASSES	(throw empty packages of products, without caps, don't break the glass before throwing into the container)	THROW INSIDE: Drink bottles of colourless and colourful glass (without caps and screw-on tops), jars made of colourless glass and colourful glass (without screw-on top)
ARTIFICIAL MATERIALS	(the packages have to be without content, it should be pressed, with the caps turned off)	THROW INSIDE: Pressed and emptied bottles after drinks, household chemicals and cosmetics, plastic caps, milk and drink cartons, plastic cups for drinking water, your etc. foil, bags, plastic bags made from artificial materialism cans after drinks, canned food, scrap metal and colourful metals, metal bottle caps, jar and other containers twists, baskets after fruit, nails, clean aluminium foil
BIODEGRADABLE	(to containers for biodegradable waste, do not throw plastic bags inside)	THROW INSIDE: Peelings and fruit peels, leftovers of food, vegetables and fruit, eggshells, green waste (e.g. flowers, grass, trees and bushes, leaves, tree bark, clean sawdust), tea and coffee dregs, nut shells